Big Mama kept her money close to the vest



Michelle Singletary The color of money

ALWAYS TOLD MY grandmother, Big Mama, that I would take care of her in her old age. After all, she took me in at 4 and raised me as if I were her

I'll be honest, however. I would have had a tough time helping with her financial af-

"My business ain't none of your business," Big Mama would say anytime I tried to broach the subject. "You'll know everything you need to know

My grandmother, who died at 82 before I had to fulfill my

promise, was right about a lot of ed on behalf of Home Instead things. But she was wrong not to share key financial information. I needed to know what was going on with her money in case she lived past the time she could manage it alone.

At least I tried. Many potential caregivers

never even make the effort until a health crisis with their parents forces the issue. In fact, one recent poll, con-

ducted by Harris Interactive, found that 46 percent of the adults surveyed said they had not taken any action to plan for care or companionship for an elderly relative, even though they believe they will have to start providing it within the next five years. Seventy-six percent of those

surveyed had not spoken with other family members about this topic, and 70 percent had not directly spoken with the elderly relative who may need care to see what his or her wishes will be. The survey was conductSenior Care, an Omaha-based company that provides nonmedical home care services for the elderly.

But what should you do if the person who needs the care won't talk to you about their finances?

Keep trying.

That's what Dan Morrison, 47, did. Morrison, who lives in Monroe, Wash., is caring for his 68year-old mother and his 66-yearold stepfather, both of whom are

"I made an abject pest of myself for two years to both of them until the day we sat in the lobby of their credit union with their attorney and put the finishing touches on their wills, durable powers of attorney, community property agreement and health care directives," Morrison wrote to me. "Then and only then did I feel armed to correctly and legally manage their affairs or

at least the ones they couldn't." To help you with this all-important financial discussion, I asked the experts at American Association of Retired Persons for some tips. Here's what they offered:

■ Talk early and talk often.

"Of all the areas of discussion in caregiving, talking about finances is the most difficult to have," said Elinor Ginzler. AARP's manager for independent living and long-term care.

Here's a conversation opening that Ginzler recommends: "You could say, 'Mom, dad or grandma ... if it comes to a point in time that you need assistance, it's my job to take care of you in the way you want and the only way I can do that is for you to share with me."

Maybe this tactic will work, maybe not. But be persistent nonetheless.

■ Offer a helping hand, rather than a heavy-handed approach, to your parents' finances.

Respect how your parents want to handle their finances, said Mary Jo Gibson, senior policy adviser with AARP's Public Policy Institute. For example, you may pay your bills once a month, but if your elderly father wants to pay bills the day they arrive in the mail, let him have it his way.

Remember, your job is to be a consultant not a dictator. Of course, there may come a time when you have to take control, Gibson said, but until then be mindful of your parents' need to remain independent and in control of their money.

■ Get help if you need it.

There is a growing network of professionals who can assist you in managing your parents' care. AARP is a good place to find information about such services. Go to www.aarp.org and click on the link for caregiving. There's also the eldercare locator, www.eldercare.gov.

This is a nationwide service set up by U.S. Administration on Aging that connects seniors and their caregivers with public and private services. Ginzler also

recommends the National Association of Professional Geriatric Care Managers at www.caremanag-

This is a nonprofit organization that provides referrals to licensed professionals, primarily social workers and nurses, who work with families who need assistance with caregiving. These managers can review financial, legal or medical issues and offer referrals to other more appropriate professionals. This service is particularly helpful for long-distance caregivers.

■Finally, I think Morrison said it best when I asked him why it is important to communicate with your parents about their finances before a crisis

He said, "Maintenance is always cheaper than the cleanup.'

■ Contact **Michelle Singletary**, business columnist with the Washington Post Writers Group, at singletarym@washpost.com or write to her c/o The Washington Post, 1150 15th St., N.W., Washington, D.C

Newsmakers

Alcoa names Berks man to international sales

From our news staff **Jeffrey A. Benedict** has been named international sales manager for Alcoa Inc., Pitts-

In his new position, Benedict will lead a global team of sales and marketing managers for Alcoa's flexible packaging division, Richmond, Va. He will work locally and abroad.

A resident of Lower Heidelberg Township, Benedict was business manager for the company's pharmaceutical and health-care division.

Benedict received a bache lor's degree in business administration from Shippensburg University and his master's equivalency from the Army.

Mark J. Palumbo has been named dean of education at Berks Technical Institute,

Wyomissing. In his new position, Palumbo will lead academic operations; the faculty, including department heads; and cur-

riculum development. A resident of Coatesville, Chester County, Palumbo was ropolitan University, Lake-

Palumbo received a bachelor's degree in secondary education and social studies from Clarion University and a master's degree in juvenile justice administration from the University of Pittsburgh.

Rodney L. Pinner has been named director of career services at Berks Technical Insti-

In his new position, Pinner will lead student- and graduate-career development, including interview skill and resume preparation.

He also leads BTI's industry advisory board and alumni re-

A resident of West Reading,

services for CollegeAmerica, Denver, Colo.

Pinner was an organizational management major at Colorado Christian University,

named senior vice president and director of marketing for



Karen L.

Lakewood, Colo.

Karen L. Troutman has been

National Penn Bank, Boyertown. In her new position, Troutman will lead marketing, advertising and public relations.

Troutman

She will manage corevents, publications and marketing department staff.

A resident of Sinking Spring, Troutman was a vice president with National Penn.

Troutman received a bachelor's degree in communications from Elizabethtown College, Lancaster County, and is a graduate of the American Bank Marketing and the Leadership Berks program. Mary Jo Kerick has been

named vice president with National Penn. In her new



Kerick

position, Kerick will lead financial and operational auditing, and assess internal controls. A resident of Fleetwood.

Kerick was

an assistant

vice presi-

Mary Jo

Kerick received a bachelor's degree from the University of Delaware and is holds

and internal auditing.

Bruce T. Gross has been named senior financial consultant for the investment bro



Bruce T.

sion of Fulton Financial Ad visors, Womelsdorf. In his new

kerage divi-

position, Gross will be responsible for individual and businessclient accounts.

A resident of Exeter Township, Gross was an investment Gross received an associ-

ate's degree in applied science from Reading Area Community College. Peter C. Olsen has been

named project manager for Entech Engineering Inc., Reading. In his new



position, Olsen will site project manager for work at the Capitol in Washington,

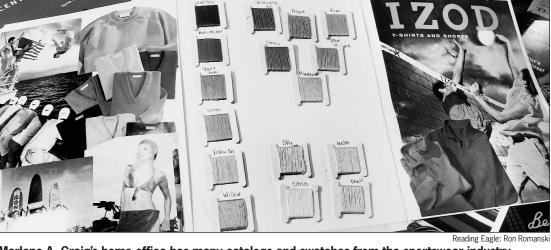
Peter C.

A resident of Honey Brook, Chester County, Olsen

has 17 years' experience in rehabilitation engineering and several other renovation and engineering-related fields. He was project engineer

and manager with NTH Consultants Ltd., Exton, Chester County, and PSI Inc., Fairfax,

Olsen received a bachelor's degree in civil engineering from Penn State University and is a licensed engineer in Pennsylvania and Virginia.



Marlene A. Craig's home office has many catalogs and swatches from the sportswear industry.

DESIGNING | Marlene A. Craig creates Izod line from her home

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But practicality prevailed and instead she earned a bachelor's degree in elementary education from Wilkes College.

Her experience confirmed that she was not cut out to be a teacher, however, and at 30, she decided to go with her dream.

Two years later, in 1981, she graduated first in her class from the Academy of Merchandising and Design, Chicago, with an associate's degree in design, and headed for New York.

She called on a

named Fred Perry Sportswear. Looking over her high-fashion portfolio, the interviewer asked why she thought she could do anything for his company. She asked for a weekend to

put sketches together. Monday morning, the job was hers. "It's one thing to make some-

thing for yourself and have people comment on it," said Craig, Perry's sole designer. "It's another to have someone pass you on

From our news staff

Eastwood — is even better

known; and a designer, Marlene

A. Craig, who played a key role

in establishing Izod as a must-

a line that nobody knew, it would

be very, very difficult," said Ha-

ley, chief executive of Tehama.

"The only way to grow is take

business away from somebody

else. That's exactly what we in-

Haley relishes the opportuni-

ty to reinvent the brand with

Craig, and said the brand will go

the image license owner

Phillips-Van Heusen is seeking

as it extends the Izod brand with

a huge advertising campaign

of big, baggy sportswear that has

predominated for the last

decade and a half. Haley said

■ Your friends at **Dans**

Izod G will reverse the trend

that already has begun.

with a younger, hipper profile -

"If you started nowadays with

wear in the first place.

tend to do.

Butler's Pantry

for 17 Years of Gourmet Excellence.

Wishing you new success at Canal Street.

It's tough for a newcomer in

the street and they're wearing who wore and modeled the what you made."

When she lost her job three years later, after Perry was sold, a chance encounter on a train led to her job as an Izod design-

She started in the women's division of Izod Golf and Tennis in 1984, and by 1989 was responsible for its men's line as well. She came to Reading in 1986 when it was moved here, commuted from Bucks County and remained with Izod until 1993.

At Izod, Craig attacked her work with a purpose.

'If there's anything I wanted to change, it's that people would make fun of people in their golf clothes," Craig said. "The clothing has become more sportswear-looking; multi-use. It's not light green or light pink. You can wear it with a jacket to dinner."

The brand grew to \$50 million from \$18 million during Craig's years at Golf and Tennis, and she recalled the excitement of working with the likes of Betsy King, Tom Watson and Nancy Lopez,

However, Craig found when

she left the firm in 1999 to work with its former president, Charles Sakmann, on his startup, Charles Sakmann Golf Inc., and its Firethorn brand, she was a victim of her own success.

"It was very difficult to bring a new name into this industry, she said.

After several years, Sakmann sold Firethorn to a Canadian firm and Craig decided it was time to start her own firm. Clients include Liz Claiborne Golf and Ben Hogan Canada.

"I had a lot of offers from some of the big companies,' Craig said. "I just wasn't sure that I wanted to go back to the corporate situation again. So I thought that maybe I could do it myself—just focus on designing; give my clients designs for whatever they want.

"It's one of the best things I have ever done."

■ Contact reporter **Tony Lucia** at 610-

the world of golf and tennis attire, but Nancy Haley isn't sweat-Pinner was director of career certifications in accounting She's got the license for a wellknown name, Izod; a partner in

Workers should go for promotions

The Associated Press NEW YORK — The nation's economic recovery is deepening, and even the hard-hit industrial sector is showing signs of renewed life. So maybe it's time at last to begin your cam-

paign for a promotion or a raise. We expect to see gradual upward pressure on wages as the economy recovers," said economist Richard Bayer, the chief operating officer of the Five O'-Clock Club, a career counseling and outplacement firm based in

New York. But Bayer cautions that workers have to strategize to get

what they want. 'You can't go to your boss and say, 'We just had a baby,' or 'Grandma moved in, and we have higher expenses,' or 'I need a raise," he said. "It has to be based on merit."

Merit, of course, can be a subjective issue, so Bayer advises that workers try to make it more objective.

"Start with a piece of paper with two columns," he said. "In one column, write the minimum or basic requirements of your job. In the other — which should be much longer — you put in your actual achieve-

with your manager and go in with your paperwork, he said. "Don't expect them to fall over like dominos," Bayer said.

"They can throw out a million

reasons for saying 'no.' But don't let the 'no' get you down." Bayer said getting a promotion or a raise probably will require a campaign:

■ At that initial meeting, ask what you can do to merit a raise in the future, perhaps by expanding your responsibilities.

■ Emphasize that you just want to be treated fairly. ■ Ask for a follow-up meeting in a month or six weeks.

"You don't want to harass them," Bayer said. "Then again, you've got to be persistent.' Peter LeBlanc, senior vice

president with Sibson Consulting in Raleigh, N.C., said most big corporations already have budgeted base pay increases for this year. But the improving economy means they may have wiggle room when it comes to bonuses and stock options.

What employees need to do is start a dialogue with their bosses about their pay expectations, LeBlanc said.

"Managers don't instigate these conversations," LeBlanc said. "They don't like them, be-Now ask for a formal meeting cause this is one area of man-

agement where they don't know how much they should say, so they're uncomfortable." On the other hand, he added,

employees aren't good about initiating them either. "People will go home and complain to a spouse, or they'll complain to co-workers or they'll ask co-workers about

their pay increases," LeBlanc said. "That's not productive." He recommends that employees seek their bosses' help in

positioning themselves. "Ask him or her, 'What do I need to do this year to get a better increase next year?" he said. "Or, 'Is there a way I can take on more responsibility and get into a higher pay grade, and would you sponsor me?"

Thank You

consumers are tired of that look, and retailers and designers are listening and responding with slimmer, more flattering fits.

Recycled name adds value to the line

"A good example is Lacoste," Haley said. "They've already figured this out and we want to fol-Tehama whose name — Clint low suit."

Price points for Izod G will be \$50 or less, and Haley said sales projections are \$60 million over

the next five years.

The first product will ship in November. Thereafter there will be two lines every year, spring and fall, with three fashion groups, or color combinations, for men and three for women. "This is a whole new Izod,"

Haley said. "The Izod G name

will stand for whatever the great

words are that start with G; golf,

glamorous, gregarious, gor-



geous. ..."

RE/MAX of Reading is proud to welcome Kathy Long to the RE/MAX Team. Kathy brings a commitment of excellent service to the finest team of real estate professionals in Berks County. Kathy invites all of her friends and customers to call her at RE/MAX.

